

SCALP FRICTION



- 1** Apply organic hair care oil to the scalp part by part.
- 2** Massage the scalp using slow, deep circular movements. Leave on for 10 to 15 minutes.
- 3** Wash your hair with a mild shampoo.

OIL BATH ON THE LENGTHS



- 1** On dry or damp hair, apply 1 to 3 tablespoons of organic hair care oil on the lengths and ends, strand by strand.
- 2** Comb your hair using a comb.
- 3** Leave on for 1 to 3 hours or even overnight under a hot towel to increase the penetration of the treatment.
- 4** Laver vos cheveux avec un shampoing doux.

END REPAIR OIL



- 1** On dry hair, apply a dab of organic hair care oil to the ends.
- 2** Massage the ends to make the treatment penetrate.